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FOR IMMEDIATE RELEASE

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July 10, '07 Close: \$0.395

MILLSTREAM CUTS HIGH VALUE INTERSECTIONS OF 10.24% COPPER, 17.51% ZINC IN HOLE S-07-09 AND 10.88% COPPER, 27.30% ZINC IN HOLE S-07-08 AT ITS POTTER PROPERTY

Toronto, Ontario, Millstream Mines Ltd. (MLM-TSX-V; NJD- Frankfurt) is pleased to report that its on-going diamond drilling program at its Potter property continues to intersect excellent drilling results. In the last 2 drill holes S-07-08 and S-07-09 returned the following exciting values as follows:

Hole No.	From (metres)	To	Core Length (metres)	Cu (%)	Zn (%)	Co (%)	Ag (oz/T)
S07-09	(Az 0.50, Dip -56)						
1st Interval	463.10	470.30	7.20	0.28	3.33	0.011	0.14
Including	468.40	468.90	0.50	0.91	17.51	0.008	0.21
2nd Interval	546.00	554.75	8.75	2.84	0.61	0.118	0.61
Including	546.50	547.00	0.50	10.24	0.27	0.075	1.89
S-07-08	(Az 360, Dip -58.5) *2nd. interval was previously reported June 26, 2007						
1st Interval	567.30	570.50	3.20	1.90	1.04	0.041	0.48
*2nd Interval	674.25	698.00	23.75	3.51	3.44	0.042	0.62
Including	682.80	683.30	0.50	0.75	27.30	0.017	0.26
Including	695.80	696.30	0.50	10.88	0.31	0.037	1.95

Millstream continues drilling to further explore this potentially rich volcanogenic massive sulphide (VMS) type deposit at its Potter Property. The past producing property is host to copper-zinc-cobalt "stacked" mineralized zones located in the highly prolific Abitibi Greenstone Belt in the Kidd-Munro Assemblage near the town of Matheson in north eastern Ontario, Canada. It is the company's ambition to fulfill drilling requirements necessary to estimate a NI 43-101 compliant resource.

On another note, Millstream has recently sent an exploration team to various locations on the Potter property in search of new promising targets of sulphide mineralization. What is well known by some seasoned geologists is that at Potter there exists a large komatiite structure which warrants further study. Hence, during this expedition a number of surface showings were sampled, carefully marked, logged and later sent on to the assay labs at Swastika. The assay results for these samples remain pending.

The principle objective of Millstream Mines Ltd. is to enhance and develop known mineral properties to production potential.

Sample preparation and analyses for this release were conducted by Swastika Labs in Swastika, Ontario on split drill core supplied by Millstream. Standards were inserted in the sample sequences with check assays and re-run's routinely conducted. Dave Gamble, P.Geol. and Edward Bettiol, P. Eng, both consultant geologists of Millstream, are the Qualified Persons as described in National Instrument 43-101 for the Potter Mine Project. They have reviewed this report and press release with company management.

Millstream seeks safe harbour with regards to forward looking statements.

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No regulatory authority or similar body approved nor disapproved the information contained herein.