

TSX Venture Exchange  
Symbol **MLM**

Frankfurt Exchange  
Symbol **NJD**  
50,751,040 SHARES ISSUED



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## FOR IMMEDIATE RELEASE

Date: Mar. 23, '07  
Mar. 22, '07 Close: \$0.285

### MILLSTREAM EXTENDS THE FAVOURABLE HORIZON OF THE NEWLY DISCOVERED ZONE

Toronto, Ontario, Millstream Mines Ltd. (MLM-TSX-V; NJD- Frankfurt) is pleased to report its 4th diamond drill hole, S-07-03, at its Potter Property's (VMS type deposit) 2006-07 exploration program intersected 6 metres of mineralization which appears to be a continuation of the new south zone discovery to the east.

Mr. Dave Gamble, P. Geo. (Q.P.) states, "this disseminated and stringer copper-zinc mineralization interval is hosted by the mine sequence basalt hyaloclastite from 300.5 to 306.5 metres downhole in S-07-03 carrying a weighted average value of 1.58% copper, and .26% zinc over 6 metres, and appears to be a continuation of the rich interval of 312.5 to 325.8 metres discovered in drillhole S-07-02" (see PR Mar 8, '07).

Further drilling and investigation is being carried out on the property to determine the upward extent of the stacked mineralized zones that are north and south of the past mine workings. These zones, including the new south discovery, may have the potential of being accessed from the past mine level workings.

All samples were sent for assay to Swastika Laboratories Ltd. of Ontario, Canada.

The Potter Property is located in the highly prolific Abitibi Greenstone Belt in the Kidd-Munro Assemblage near the town of Matheson in north eastern Ontario, Canada.

Management has reviewed this report and press release with the company's consultant Edward Bettioli, P. Eng, and David Gamble, P. Geo, both being designated qualified persons for the property per NI 43-101.

The principle objective of Millstream Mines Ltd. is to enhance and develop known mineral properties to production potential.

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No regulatory authority or similar body approved nor disapproved the information contained herein.