

TSX Venture Exchange
Symbol **MLM**

Frankfurt Exchange
Symbol **NJD**
56,921,040 SHARES ISSUED



Millstream Mines Ltd.
4 King St. Suite 1320
Toronto, Ontario, M5H 1B6
Tel: (416) 368-9595
Fax: (416) 368-6827

FOR IMMEDIATE RELEASE

Date: May 16, '07
May 15, '07 Close: \$0.31

**MILLSTREAM INTERSECTS A 47 METRE INTERVAL OF MASSIVE SULPHIDES
AND STRINGERS IN DRILL HOLE S-07-07 AT POTTER**

Toronto, Ontario, Millstream Mines Ltd. (MLM-TSX-V; NJD- Frankfurt) is pleased to report that its current diamond drill hole S-07-07 has intersected down hole a continuous mineralized zone over a core length of 47 metres (154 ft.). The mineralized zone contains stringers and massive sulphides showing chalcopyrite, sphalerite and pyrrhotite.

Core samples have been cut, prepared and sent to Swastika Laboratories in Swastika, Ontario for assaying.

Millstream continues drilling to further explore this potentially rich volcanogenic massive sulphide (VMS) type deposit at its Potter Property. The past producing property is host to copper-zinc-cobalt "stacked" mineralized zones located in the highly prolific Abitibi Greenstone Belt in the Kidd-Munro Assemblage near the town of Matheson in north eastern Ontario, Canada.

Management has reviewed this report and press release with the company's consultant Edward Bettiol, P. Eng, and David Gamble, P. Geo, both being designated qualified persons for the property per NI 43-101.

The principle objective of Millstream Mines Ltd. is to enhance and develop known mineral properties to production potential.

Millstream seeks safe harbour with regards to forward looking statements.

For further information contact:

Mr. Ernest Harrison, EM, CEO
Mr. Marty Martinello, B.A., V.P.

Phone: 705-474-7282
Fax: 705-474-5491

Mr. Robert Chase, B.A., CFO

Phone: 416-368-9595
Fax: 416-368-6827

Email: info@millstreammines.com
Web: www.millstreammines.com

No regulatory authority or similar body approved nor disapproved the information contained herein.