

TSX Venture Exchange
Symbol **MLM**

Frankfurt Exchange
Symbol **NJD**
56,921,040 SHARES ISSUED



Millstream Mines Ltd.
4 King St. Suite 1320
Toronto, Ontario, M5H 1B6
Tel: (416) 368-9595
Fax: (416) 368-6827

FOR IMMEDIATE RELEASE

Date: May 22, '07
May 18, '07 Close: \$0.35

**MILLSTREAM WELCOMES ALEX DOULIS
ONTO ITS BOARD OF DIRECTORS**

Toronto, Ontario, Millstream Mines Ltd. (MLM-TSX-V; NJD- Frankfurt) is pleased to report that it has added a new member to its board of directors. Mr. Alex Doulis, BSC (Geology & Math), CFA (Chartered Financial Analyst), has had a thirty year career in mining and mining finance starting in exploration on the West Coast for a full range of junior companies for five years, followed by spending a total of five years with Kennecott Copper and Falconbridge Nickel.

His mining finance career started at A. E. Ames and Company where he was the senior mining analyst before moving on to Gordon Securities in 1980. While at Gordon he worked both in mining analysis and finance, having been the first to recognize the future of gold leaching with the financing of Wharf Resources. He left Gordon in 1987 to join McNeil Mantha as a director. McNeil was the first publicly traded investment dealer on the TSE.

In 1990, Alex retired to spend 15 years sailing and writing. One of his books, 'Take Your Money & Run' became a best seller in Canada going into nine printings and three editions. While in Greece, he raised funding to drill for extensions of the historic Lavrion Mine as a director of Decade Resources.

Upon returning to Canada he became a director and assumed the CEO position of Viking Gold. In that position, he raised the funds and organized the drilling on that company's Yellowknife properties.

Millstream Mines was attracted by Alex's background in both mining exploration and finance to assist in the funding and exploitation of the company's former producing Potter Mine in the Timmins/Noranda area.

Millstream continues drilling to further explore this potentially rich volcanogenic massive sulphide (VMS) type deposit at its Potter Property. The past producing property is host to copper-zinc-cobalt "stacked" mineralized zones located in the highly prolific Abitibi Greenstone Belt in the Kidd-Munro Assemblage near the town of Matheson in north eastern Ontario, Canada.

The principle objective of Millstream Mines Ltd. is to enhance and develop known mineral properties to production potential.

Millstream seeks safe harbour with regards to forward looking statements.

For further information contact:

Mr. Ernest Harrison, EM, CEO
Mr. Marty Martinello, B.A., V.P.

Phone: 705-474-7282
Fax: 705-474-5491

Mr. Robert Chase, B.A., CFO

Phone: 416-368-9595
Fax: 416-368-6827

Email: info@millstreammines.com
Web: www.millstreammines.com

No regulatory authority or similar body approved nor disapproved the information contained herein.